MY CREATIVE expression really began within the home,” says Brooklyn-based chef and designer Athena Calderone. “When I was 26, I had [my son] Jivan, and I hadn’t figured out my career, so my home really became a place of invention for me.” In 2011, Calderone parlayed all the cooking, decorating and entertaining expertise she’d honed as a stay-at-home mom into EyeSwoon, a food and design website that’s amassed hundreds of thousands of devotees. This March, Calderone, now 45, is publishing Live Beautiful (Abrams), in which she catalogues and dissects the homes of design-world notables, including interior designer Pamela Shamshiri, former J.Crew creative director Jenna Lyons, and Roman and Williams founders Robin Standefer and Stephen Alesch. “[Readers] can walk away feeling a little bit empowered to create a beautiful environment in their own homes,” says Calderone. The book is just one of Calderone’s many new projects for 2020. She’s also collaborated with New York ceramist Simone Bodmer-Turner to create a stoneware wall sconce and table ($1,650–$8,000; athenacalderone.com). And she’s launched a podcast, More Than One Thing, in which she speaks to fellow polymaths, like interior designers and TV personalities Nate Berkus and Jeremiah Brent, about the challenges of not “fitting into a box.” Calderone’s goal is amplifying others who don’t have just one vocation. “That’s kind of the way of the world these days,” she says, “and I want to make that OK for people.” eyeswoon.com —Christine Whitney